



Community Resilience Project

Calendar

of information, guidance and skills building
events 2021-2022

June 2021			
Event	Date & Time	Contact for bookings	Notes
Resilience for Post-Pandemic Recovery (live online)	15 June 2021 (Tuesday) 10:00-12:00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Zoryna O'Donnell
July 2021			
Event	Date & Time	Contact for bookings	Notes
Advice First Aider Volunteer – Part 1 (live online)	15 July 2021 (Thursday) 10:00-11:00	Simon Barton simonb@iwcab.org.uk	Trainer: Simon Barton, Citizens Advice
Advice First Aider Volunteer – Part 2 (live online)	21 July 2021 (Wednesday) 13.00 – 15:00	Simon Barton simonb@iwcab.org.uk	Trainer: Simon Barton, Citizens Advice
September 2021			
Event	Date & Time	Contact for bookings	Notes
Building Resilience with the Brain in Mind (live online)	14 September 2021 (Tuesday) 10:00-12:00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Zoryna O'Donnell
Introduction to Motivational Interviewing Face-to-face or online (TBC)	17 September 2021 (Friday) 9:00-17:00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Zoryna O'Donnell
October 2021			
Event	Date & Time	Contact for bookings	Notes
Mental Health Aware – Young People (live online)	12 October 2021 (Tuesday) 9:00 -13:00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Kate Golding, MHFA England
Advice First Aider Volunteer – Part 1 (live online)	6 October 2021 (Wednesday) 13:00-14:00	Simon Barton simonb@iwcab.org.uk	Trainer: Simon Barton, Citizens Advice

Event	Date & Time	Contact for bookings	Notes
Advice First Aider Volunteer – Part 2 (live online)	14 October 2021 (Thursday) 10.00 – 12:00	Simon Barton simonb@iwcab.org.uk	Trainer: Simon Barton, Citizens Advice
November 2021			
Event	Date & Time	Contact for bookings	Notes
Mental Health Aware – Adults (live online)	9 November 2021 (Tuesday) 9:00 -13:00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Kate Golding, MHFA England
Suicide First Aid Understanding Suicide Intervention (full day)	23 November 2021 (Tuesday) 9:00-16.00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Kate Golding, MHFA England
December 2021			
Event	Date & Time	Contact for bookings	Notes
Building Resilience with the Brain in Mind (live online)	8 December 2021 (Wednesday) 10:00- 12:00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Zoryna O'Donnell
January 2022			
Event	Date & Time	Contact for bookings	Notes
Adult Mental Health First Aid (2 days)	11-12 January 2022	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Kate Golding, MHFA England
Suicide First Aid Lite (live online)	19 January 2022 (Wednesday) 10:00-13:00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Kate Golding, MHFA England
February 2022			
Event	Date & Time	Contact for bookings	Notes
Continue and Begin Fast Coaching® Face-to-face or online training - TBC	4 February 2022 (Friday) 9:00-17:00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Zoryna O'Donnell
Mental Health Aware – Adults (live online)	9 February 2022(Wednesday) 9:00 -13:00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Kate Golding, MHFA England
Introduction to Active Listening Skills Online live session	22 February 2022 (Tuesday) 10:00-13:00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Toby Wallis, Samaritans

March 2022			
Event	Date & Time	Contact for bookings	Notes
Mental Health Aware – Adults (live online)	9 March 2022 (Wednesday) 9:00 -13:00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Kate Golding, MHFA England
Suicide First Aid Understanding Suicide Intervention (full day)	16 March 2022 (Wednesday) 9:00-16.00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Kate Golding, MHFA England
April 2022			
Event	Date & Time	Contact for bookings	Notes
Adult Mental Health First Aid (2 days)	4-5 April 2022	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Kate Golding, MHFA England
Building Resilience with the Brain in Mind (live online)	12 April 2022 (Tuesday) 10:00- 12:00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Zoryna O'Donnell
May 2022			
Event	Date & Time	Contact for bookings	Notes
Introduction to Active Listening Skills Online live session	10 May 2022 (Tuesday) 10:00-13:00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Toby Wallis, Samaritans
Suicide First Aid Understanding Suicide Intervention (full day)	16 May 2022 (Monday) 9:00-16.00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Kate Golding, MHFA England
June 2022			
Event	Date & Time	Contact for bookings	Notes
Mental Health Aware – Adults (live online)	8 June 2022 (Wednesday) 9:00 -13:00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Kate Golding, MHFA England
July 2022			
Event	Date & Time	Contact for bookings	Notes
Building Resilience with the Brain in Mind (live online)	12 July 2022 (Tuesday) 10:00- 12:00	Zoryna O'Donnell zodonnell@actioniw.org.uk	Trainer: Zoryna O'Donnell
Mental Health Aware – Adults (live online)	14 Thursday 2022 (Wednesday)	Zoryna O'Donnell	Trainer: Kate Golding,

	9:00 -13:00	zodonnell@actioniw.org.uk	MHFA England
August 2022			
Event	Date & Time	Contact for bookings	Notes
TBC			
September 2022			
Event	Date & Time	Contact for bookings	Notes
TBC			
October 2022			
Event	Date & Time	Contact for bookings	Notes
TBC			